



## LIVE THE TIKI LIFE EXPERIMENT.

Over the last 14 years Starboard has brought home 13 PWA Constructors' titles and helped set the trend in all things windsurfing, including the Olympic Games.

We also have produced more windsurfing boards than anyone else, therefore polluted our planet significantly. We wanted to turn negatives into positives and started our experiment by introducing **Internal Climate and Plastic Taxes**. We invested into the **WIF Heyerdahl Blue Carbon Climate Park**, planted ½ million mangrove trees making each board 10x Climate Positive. The iQFoil board is 100x Climate Positive, intending to set a trend in the Olympic movement towards Paris.

Each year some 8.5 million tons of plastics make it into the Ocean and with a population of 7.8 Billion, that is some 1.1 kg per person. So for every board we sell, our P.O.P (Plastic Offset Program) picks up 1.1 kg of beach/ocean plastic around our test area in Chonburi, Thailand.

We like to search for simple solutions to our planet's major challenges and just like making better boards for windsurfing, we also want to create a better brand for the planet.

*Live the Tiki life and join us on an experimental journey, both for windsurfing and for our planet.*



PRODUCT MAGAZINE 2021

# WINDSURFING

STARBOARD  
INNOVATION QUALITY



PLUS  
**WING  
FOIL**  
Compact - Light  
The Alternative Windsport

## iQFOIL - A NEW ERA

From Junior to Youth to the Olympics

### SIZE MATTERS

Are you riding the right size board?

### MATTEO IACHINO

Foil or Slalom?

### JAEGER STONE

No pain, No gain  
Go again!



RIDER:  
ALBERT PIJOAN  
SPOT:  
ESPERANCE  
AUSTRALIA  
AUTUMN/WINTER  
GEAR:  
ULTRAKODE 76  
CARBON REFLEX SANDWICH  
SEVERNE S1 4.7

## CONTENT

- 14 | iQFoil 85 From Junior to the Olympics
- 18 | iQFoil Class A new era begins
- 28 | Wingfoil Tips How to attach harness lines
- 30 | Foil Dilemma Which Foil board is right for me?
- 36 | Lovely Holidays A travel series by Oda and Sarah-Quita
- 48 | FOILOM Matteo Iachino between Foil and Slalom
- 58 | Jaeger Stone No pain, no gain
- 62 | Testify Carve Vs Futura
- 66 | Flo Jung Change is the only constant
- 74 | My Windstories By Lena Erdil
- 78 | Rene Egli A success story in watersports tourism
- 80 | SIZE MATTERS A guide to choosing the right size board
- 82 | Isolated in Naxos By Lennart Neubauer
- 92 | State of Flow Sarah Quita's winning mindset



Photo: Tiesda You | Rider: Rocío Tarodo

# INSPIRATION

**W**indsurfing was launched in 1967 by **Jim Drake** and **Hoyle Schweitzer**, their innovation and drive has inspired us ever since. In 1984 our sport was included in the LA Olympic games and in 2024 it returns to LA, this time with our iQFoil program, inspiring us to keep carrying the torch of ultimate sportsmanship, craftsmanship and planet stewardship.

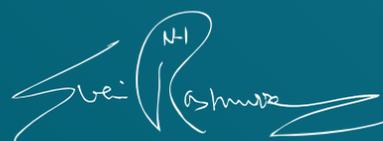
Starboard started its operation in a factory's smoking room, not unlike many other ambitious companies and we still visit that factory every week for quality control checks.

We are the grassroots underdog that gained the trust of the masses and kept on improving our gear and our sport year by year.

We have been blessed to be able to work with so many talented people over the last 27 years, including Jim Drake, Jean Louis Colmas, Remi Vila, Tiesda You, Jamie Lever and Mark Stone.

Coming into 2021 we have a best ever range. Of course we are excited about our Junior and Youth foiling class program and all the amazing foil equipment, including the new amazing foil slalom board. However, the new Carve boards are delivering on the promise of bringing freeride to the next level - the Carve 125 is hands down a winner for everyone and everywhere. Looking at the freewave segment, the Kode 125 and 135 are exploring new territories, compact freewave boards that go beyond expectation. Trying is believing. The 2021 Phantom Race makes lighter riders more competitive and reignites the raceboarding class. Besides seeing World Champions choosing our gear and building the hands down most durable entry level boards, we love to see young guns like Lennart Neubauer, Liam Dunkerbeck and Julian Koldeweid aiming for the stars, inspiring the future of windsurfing.

Thanks for choosing to ride with us and remember that with your help, we have planted ½ million mangrove trees and soon picked up 100,000 kg of beach / ocean plastic trash, inspiring governments and large corporations to keep up with the grassroots underdogs that we love to be.



Svein Rasmussen,  
Chief innovator





# Being ONE

## for the future

**W**e plant 1 and we remove 1.1: for every board that we produce, we plant 1 mangrove tree to absorb the emissions of your board ten times over, and we remove 1.1 kg of plastic waste from the beaches and oceans. 1.1kg is the average amount of plastic trash that reaches the oceans each one of us is accountable for, every single year.

We are more about action, less about talking about what should be done. In 2020 this action puts us in a place where we now have half a million mangrove trees planted in the Thor Heyerdahl Climate Park. Our Plastic Offset Program clean up crew have collected 83,000 kg of plastic trash. 50,000 kg of that has been within the last 12 months. Our community engagement has brought together 3,375 volunteers through Trash Hero clean-ups, where each week our Starboard Blue team educates through action during clean-ups on the roads outside of our Headquarters. Our office recycling actions have resulted in being a hub base for recycling for all employees. Pulling together the actions from those who are rooted in Starboard from every area ensures Starboard's environmental and social work is as active and alive as it can be.

All of Starboard's efforts are logged on the B-Corporation website. Every year, we work to improve our score by changing how we work, not only

for the environment but also for the community, the workforce, governance and our customers. Ensuring that we are not coasting, forever setting that the way we work is positively reacting to the ever-changing world.

The shaping of the events in our sporting realm is being shaken up. With the iQFoil class events taking off we are implementing an agreement to work towards the removal of all single-use plastics from events, and calculating the emissions of travel to the event for us to plant mangrove trees to carbon balance the emitted carbon dioxide.

When you join your next sporting event you can be making that chain reaction of habit changes for the event and all the attendees. Swap out the use of plastic, run a beach clean, give away only items that people will actually use and re-use and when it comes to the end of life make sure it can be composted in a garden compost bin.

Be proud of your actions and choices, everything you do has a never-ending chain of events that affect the future of this planet. Make use of your positive choices to live for today and all the days to follow. We have one planet, and all of us are on this together.

Visit Starboard Blue:





# Mangroves

The miracle tree's that help us offset our carbon footprint and become climate positive

Words *Tasmin Chilcot*

Planet earth has been given an opportunity to take a breather, some time out to recover from the human bruises to its life. We get so much from nature but do we give enough back?

With COVID-19 shutting down our ability to produce products, travel long distances or use flight travel we were reducing CO<sub>2</sub> emissions. Enabling a short chance for our planet to heal. However, the atmospheric levels of CO<sub>2</sub> have risen sharply despite lockdown measures. Solidifying our need to all take action in reducing our harmful footprints, and fast.

A way in which we can continue to reduce levels of CO<sub>2</sub> is to consider what we are buying and make choices based upon how much carbon dioxide each product is releasing. What can be done to reduce that impact? Starboard has been working on reducing our

negative by-product to the planet for all the years that the business has been running. Firstly it began with reducing our impact, which in 2017 our first carbon footprint analysis showed that we released 4,600 tonnes of CO<sub>2</sub>. In 2018 we released 2,650 tonnes of CO<sub>2</sub> through our way of working and in 2019 3,030 tonnes of CO<sub>2</sub> were emitted. Comparisons between 2018 and 2019 showed no reduction, however, we are still much lower than our previous year in 2017.

Starboard works with Worldview International Foundation to plant mangrove trees in areas where these magical trees once thrived. Being able to reforest these trees not only means green areas come back, but it also means the biodiversity at all levels return. With biodiversity being a clear indication of climate change, due to how sensitive species are to changes, we can use this as a clear

indicator of how much positive changes humans need to do in response to healing the planet.

So far half a million trees have been planted by Starboard. 263,397 of these are accounted for through our carbon footprint reports and event emission offsetting, where we planted between 10 and 20 times as many trees needed to absorb emissions. We have planted 20,000 mangroves to sink down the estimated amount of emissions we released since Starboard first became active in 1994. The remainder of 216,603 trees were planted by Starboard to engage with the climate park, to help them reach the common goal of planting for a better future of our world.

Now the Thor Heyerdahl Climate Park, where these mangrove trees have been planted, is at its full

capacity. This now means we are supporting the movement to the next land of plantation within Myanmar. Worldview International Foundation has been in the process of securing new ground, finding areas where mangrove trees once stood, using their mighty power to sink the emissions created by humans, storing them deep into the ground once again.

We are ready to plant up the planet. Each board we produce, we plant one mangrove. One mangrove will absorb 1 tonne of Carbon Dioxide, the equivalent of the average board's emissions being absorbed 10 times over. This is absorbed within its first 20 years of life and will continue to absorb for many years to come.

# For tomorrow's champions

\*and for a lifetime of sea and action



## Love all windsurfing, from beginner to winner.

Some young ProKids Evo riders go on to become PWA World Champions. Some ProKids Flare riders go on to become PWA Freestyle Champions. Whether or not you have the ambition to become the next Philip Köster or Sarah-Quita Offringa, getting into windsurfing at a young age sets you up for the adventure of a lifetime.



**Philip Köster G44**  
*5x PWA Wave World Champion*  
Then and now



**Sarah-Quita Offringa ARU 91**  
*12x PWA Freestyle*  
*4x PWA Slalom World Champion*  
*1x PWA Wave World Champion*  
Then and now

# THE NEW iQFOIL 85

*1 Board for 3 Generations of Sailing.*

*The iQFoil Junior package is the sailing platform that offers young sailors the most affordable path from Junior to Olympic gold in the highest and most exciting performance package.*

**Words** Tiesda You **Photos** Remi Vila



The streamlined pathway from Junior to Youth and Olympic Gold

*By adopting the best of the Olympic Windsurfing's iQFoil development program, the iQFoil 85 board takes-off in even lighter winds than its 95cm wide sibling with better control and more comfort for lighter riders. It is built in Starboard's all-new Starlite Carbon construction to combine light weight with strength. The technology includes a full carbon bottom for stiffness and performance, a thick, durable skin for overall strength and strategically-placed fibre reinforcements in all impact zones for added durability.*





LOW POINT



**iQFOIL**  
Junior

The most affordable path from Junior to Olympic gold. Our Junior package is designed to get our youngest rippers flying while making the transition to youth equipment as affordable as possible. Changing Junior to Youth equipment requires just the acquisition of one new foil front wing and the youth rig. The iQFoil Junior package includes the iQFoil 85 Starlite Carbon board, the FGO rig 5 0,6,0 or 7,0 and the iQFoil Aluminium Junior foil.



**iQFOIL**  
Youth

Fin or foil, from 5 knots to 35 knots, the iQFoil Youth offers foil racing performance for racers aged 17-18 with just one board, one foil, one fin, one sail. The Youth package includes the iQFoil 85 Starlite Carbon board, the HGO rig 8.0 and the iQFoil Aluminium foil.



**iQFOIL**

Fin or foil, from 5 knots to 35 knots, the iQFoil package delivers the ultimate in windsurfing racing performance with just one board, one foil, one fin, one sail. The iQFoil package includes a Starboard iQFoil 95 Carbon Reflex board, the Severne HGO rig in 9.0 (Men) or 8.0 (Women) and the iQFoil Carbon foil by Starboard Foils.

SPOT:  
ISRAEL  
GEAR:  
iQFOIL 95  
SEVERNE GLIDE2 9.0  
PHOTO:

## A NEW ERA

Every sailor dreams about sailing at the America's Cup or the SAILGP one day, and now every young windsurfer's dream is to sail on the iQFoil. The difference is: they can.

We offer young sailors the possibility to have their first foiling experience at a much younger age and a much lower cost. When you have your first flights, a new dimension opens up to you, flying above the water at high speeds without a sound becomes an addictive feeling. You don't want to stop. Even elite sailors from all those fancy boats we mentioned want to go windfoiling in their spare time... The future is bright. The future is flight.

Designed in 2017 by Tiesda You, the Starboard Race foil is where it all began, introducing what was then regarded as a massively long 115cm fuselage. This breakthrough allowed foiling performance to exceed Formula planing hull performance for the first time ever, opening the door for foiling in the Windsurfing Olympics and sparking the beginnings of the new era.

**iQFOIL**  
Class

## NEW OLYMPIC RACING FORMATS AND SAILORS

Words Gonzalo Costa Hoevel

**The slalom format** for light wind will provide excitement to the races even when winds are marginal. This format is especially great for the media as it is easy for spectators to follow. At the same time, it also enables a wider range of body types and weights to be competitive. The slalom format also represents a big part of the windsurf racing community.

**The up and downwind race** is a more traditional course format. It will be raced from 10 knots upwards and in bigger fleets. New tactical skills will need to be learned as speeds are much higher than what everyone got used to in the past.

**The Marathon/Long-distance** will also be very attractive for media and already represents a big part of the racing formats which have become very popular in the windsurfing community, as demonstrated by the success of the Defi Wind in the South of France or similar.

I've been foiling along with people of ages ranging between 15 and 50 and big differences in weights, what is amazing is that all were going at very similar speeds. Foiling is very inclusive. We can expect to have RS:X Olympians, PWA sailors, old school windsurfers and sailors from other classes battling out with similar chances to get the Gold medal. How great is that?!

## The iQFOiL Gear

**T**he equipment represents our most advanced design and includes our latest construction technologies. What we have created and submitted to race at the Olympics, is something comparable to a Formula 1 car.

**The board** has a very unique and innovative double rail/outline design in the tail, this enables super early planing while also providing great flight comfort.

**The sail** has a wide double sleeve which gives extra stability and light wind performance. It owes its early planing abilities to the ease in which you can pump it.

**The foil** has a new Ultra High Modulus carbon mast layup which allows for super high speeds while also flying very steady and at controllable heights. The new 115 Plus fuselage shifts the front wing position forward for increased performance. The new adjustable tail wing angle system increases wind range and top speed potential.

All the components that make up our iQFoil equipment are the results of years of extensive development and research and its excellence has already been proven by many event wins.

Visit the equipment website:



IGO SUP WINDSURFING  
**PADDLE, WIND OR WING**  
**THE INFLATABLE**  
**3 in 1 OPTION**



You can have it all: Starboard's woven dropstitch technology offers a board that inflates to maximum stiffness, deflates to roll up for storage and still weighs lighter than regular hard boards.

Various fitting options lets you set up the board for paddle boarding, windsurfing or wingsurfing.



Attach the removable centre fin box to insert a centre fin. This prevents sideways drift when windsurfing or wingsurfing.



Attach the removable mast track fitting to attach a windsurfing sail.



Remove all fittings except for the tail fin for paddleboarding.



Starboard's unique Rail Edge Technology allows the board to reach planing speeds for the most addictive sensation on water.



The board rolls up into a bag and packs neatly into the trunk of your car.





Look inside your closet and compare your knitted clothes against the woven ones. You will find that the woven fabrics are significantly less stretchy.



**LESS STRETCH AND HIGHER STRENGTH**

Our inflatable boards used to be made with knitted dropstitch, but in 2015 we started experimenting with woven reinforcement layers.

However woven fabrics are complex to coat and laminate, so the coating process would leave pinholes, which resulted in leaks, and the lamination was not spreading evenly on the fabric resulting in wrinkles, which caused twisting issues. It took years to fine tune the woven top and bottom fabrics and we also started to play with different values for weft and warp yarns in order to optimize weight / stiffness ratio of the final product. We decided to use the thicker yarns on the warp axis and to optimize weight with thinner yarns in the weft axis.

The result: the stiffest and lightest tech - Woven drop stitch.



**KNITTED FABRICS**



**STARBOARD WOVEN FABRICS**



**STRONGER, STIFFER, LIGHTER AND MORE RESPONSIVE**

After 5 years of research and development, we introduce the next evolution of inflatable board technology.

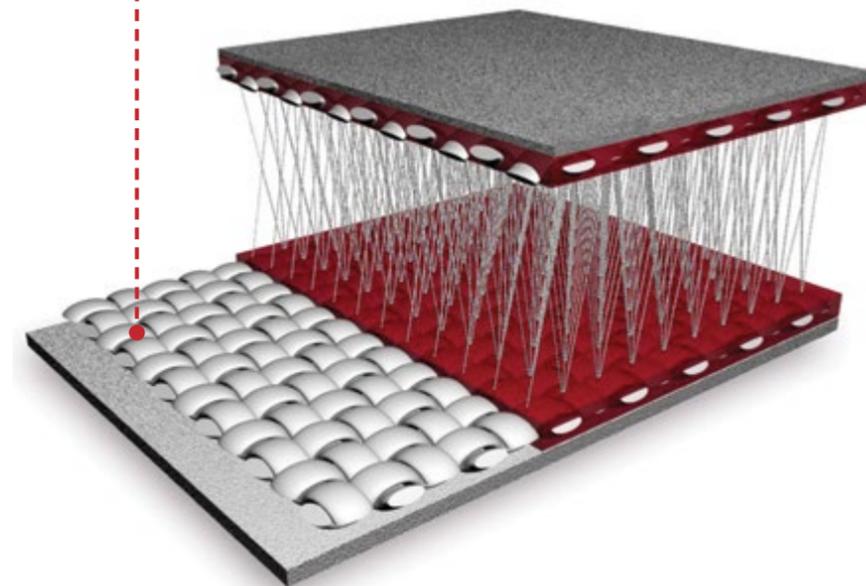
LESS YARNS  
=  
**LIGHTER**

+

LESS STRETCH  
=  
**STIFFER**

**WOVEN TECHNOLOGY**

Woven fabric weighs less because it uses less material – and because it only stretches diagonally, it holds more tension. What does this mean for you?  
A stiffer board.



**YARN REDUCTION LOWERS ENVIRONMENTAL IMPACT OF THE BOARD BY 10%**

# DARK MODE

## Drake Stone Surf fins

**Words** *Tiesda You*

The 2021 UltraKodes come with Drake's new Black G10 fins. Custom-made for Starboard, the sheets of G10 are infused with black pigment before the CNC cutting process for a new dark-mode look.

The fins are designed by Mark and Jaeger Stone, with extra thin tips providing speed and flex.

The side fins use our innovative Starbox fitting which accepts US box fins, Slot Box fins or Starbox fins. When using Starbox fins, a front slot allows the fin to slide into a desired preset position and lock in place with one rear bolt.



THE ART OF WINGFOIL

# HOW TO ATTACH THE HARNESS LINE

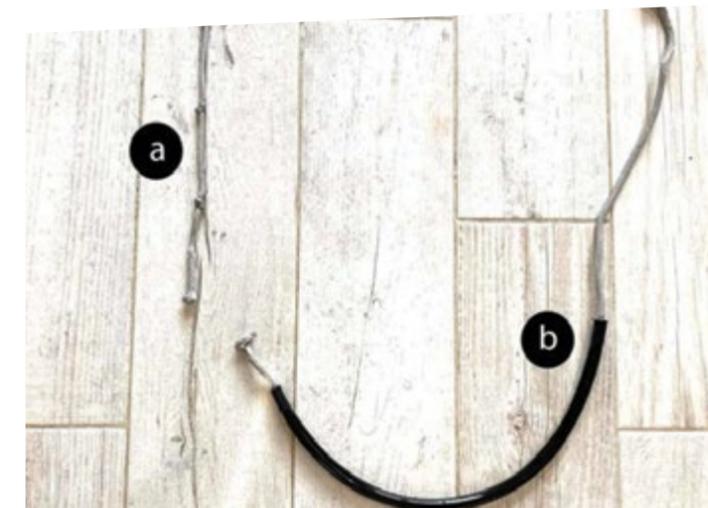
Words Alvaro Onieva Photos Erik Aeder



SPOT:  
HAWAII  
AUTUMN//WINTER  
GEAR:  
SURF-FOIL  
FREEWING AIR 4.0



There are two loops on the central strut, (A) and (B). Close to the Leading edge stands loop (A), and loop (B) stands closer to the Trailing edge.



The harness line consists of two pieces, (a) shorter rope with different knots and (b), longer rope with the black PVC attached.



1. Insert the rope (a) into the loop (A).



2. Thread the end knot through the loop (a).



3. Tighten it up and make sure that loop (A) is being squeezed by the knot.



4. Take piece (b) and do the same as step "1" using the (B) loop instead.



5. Thread the end of the loop (the shortest side) through the other loop (longer side).



6. Tighten it up and make sure the loop (B) is being squeezed by the knot.



7. Connect the loop of piece (b) into the knots of piece (a).



8. Adjust the length according to your body structure using the different knots.



...ready to wing!

## Foil Dilemma

# THE FUTURE IS HERE

and the future is for everyone.

YOUR ONLY QUESTION NOW SHOULD BE:  
WHICH BOARD IS THE RIGHT  
CHOICE FOR ME?



Words Sam Ross Photos Two Goat Media, Remi Vila



Within only a few years foiling has gone from a windsurfing discipline only accessible to a few, to something that is breaking new ground, bringing in new people and with it, new conditions and places. Much of the recent expansion has been driven by the quick development of equipment but while the choice has never been better, the decisions have never been harder: 'What board do I get?' or 'What foil should I put with it?' These are the questions we want to help you answer. So let's take a quick look at the different options.

### Wind and Wing

If you want to WindFoil and WingFoil then the new Foil X Wing is the best choice. With box and track options the Foil X Wing can be set up for both disciplines and also has strap positions for both.

Those who already have good Wing and



WindFoil skills or are looking to take to the air should go for the smallest board, the 105.

If you're new to either discipline then the 125 and 145 would be better choices especially for those looking to make the most of the lightest breezes or heavier riders.

To get the most out of these boards we recommend to combine them with the SuperCruiser foil plus a shorter fuselage, this will allow for you to easily use the board for both modes: longer fuselage for WindFoil and short fuselage for WingFoil.

### Freeride

These pure WindFoil boards cover a huge range of options. If you're new to foiling these are definitely the boards for you and maybe even the only boards you will ever need.

Lighter riders, those with sails no bigger than



6.5 and those looking to extend the wind range they can sail in should go for the 125 freeride. Also if you just want to reach and blast but above the water, the 125 is a perfect choice.

Heavier riders, those that want to maximise their wind range and maybe even cover the maximum distances and experiment with free-racing should go for the 150 freeride. The extra width of the 150 helps with using bigger rigs, sailing more powered up and going upwind at even higher angles.

Both freeride models offer a smooth progression into foiling and can be used with everything from the SuperCruiser and the Freeride Plus all the way through to the Race Plus foil.



### Flow and Foil Style

If you can already WindFoil and want to use small rigs, focusing on manoeuvres rather than speed or covering distances, then the Foil X boards should be your weapons of choice.

These boards are the most compact, easiest to launch in any conditions with their new hull carry handle. They will allow you to explore your existing playgrounds from a whole new perspective. Whether it's Gybes, 360s or looking to jump and rotate the Foil X's will always offer the best choice. Their shape is maximised around smaller sails and manoeuvre orientated sailing.

The 105 Foil X would be the best option for lighter riders or those looking to take to the air and the waves. The 125 Foil X is the perfect sweet spot for those looking for



a higher volume board, that may give them maneuver orientated sailing in both inland and coastal venues. The 145 Foil X is perfect for heavier riders, those that may want to take slightly bigger rigs but also want a board that allows them to Freeride a little more as well. The Foil X's work great with not only the Supercruiser but also the Freeride Plus, the GTR and GTR Plus foils.

### Racing

If racing is your thing, Starboard has you covered: upwind, downwind, reaching, or speed, Starboard provides several choices to suit your style and weight.

Those with Olympic aspirations or who want to race within a one design system should pick the iQFoil 95. At Junior level the iQFoil 85 suit smaller sails and weights best.



If you want the ultimate course racing machine, are going to race in Open classes, Formula Foil or just want to cover as much ground as possible with big rigs and high angles then nothing will offer better performance than the Foil Race 100. To get the most out of all these boards they need to be coupled with Starboard Race, Race Plus, GTR+ or iQFoil foils.



For slalom racers, there is a whole new crop of boards to race on. If you want to slalom race at the earliest opportunity then the 91 Foil Slalom is the best choice, lighter riders should, however, select the 81 Foil Slalom.

The 71 Foil Slalom is all about GPS speed, narrower and smaller, coupled with smaller performance rigs in higher winds, this board will literally help you fly up in the GPS leader boards.



So, when you are choosing your board you should ask yourself 3 questions:

- What kind of sailing am I going to do with my Board?
- What sort of conditions do I want to sail in?
- What's my current foiling ability?

If you have answered these 3 questions for yourself, you hopefully know which foil board will be the best choice for you now.





"A complete modular foil platform for wind, wing or waves: start with a foil at any budget, customise and upgrade at any time and discover the ultimate in foil performance" Tiesda You, Starboard Foils, founder & designer

*Tiesda You*



### Wind Foils

SuperCruiser	Freeride Plus	GT-R Plus	Race Plus	iQFoil
For Super Cruising	The new Freeride foil	The Freerace foil	Maximum power and performance	The 2024 Windsurfing Olympics foil sets

### Wing and Wave Foils

Monolithic Carbon Mast Sets	Aluminium V7 Mast Sets
102cm 92cm 82cm 72cm 	82cm 72cm 
Ultra lightweight one-piece masts built in pre-preg tri-axial high-modulus carbon	Our lightest and stiffest aluminium mast, now even stronger and stiffer

S-Type Wing Sets	E-Type Wing Sets	X-Type Wing Set
1200 1500 2000 2400 	1300 1700 	1100 
For performance foiling, from tow-in foiling to SUP foiling and wing foiling	The high-aspect wing option	Our fastest and most 'X' treme front wing

### Team Sets

Team Set II	Waterman Set
Maximum wind range	4 in 1, Wind, wing, surf and SUP

# LOVELY HOLIDAYS

The Power Duo on Lovely Holidays

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Two girls  
Many destinations

---

Sarah-Quita and Oda Johanne are pushing the limits of female freestyle while also competing in slalom and waves but most recently they have been innovating the world of windsurfing clips. Their new comedy series 'Lovely Holidays' is fresh and light with loads of humour and 'guaranteed bad acting'. Cheering and pushing each other during their training as well as in their acting careers, we wanted to find out more about the story behind those clips.

SPOT:  
ESPERANCE  
AUSTRALIA  
AUTUMN//WINTER  
GEAR:  
CARVE  
FUTURA

**How did you come up with the idea for Lovely Holidays?**

**Sarah-Quita:** I think this was mainly Oda's idea. She posted a clip of her sailing in a dress and a sunhat. To me, that clip looked really cool, because she was over the top girlie, but went out on the water and busted out some big moves. Girls rock! And then when I came to Brazil, we just made a longer clip based off of that one. Since then we've travelled together a lot and it's just been a lot of fun to make more. Making the plans for it and filming them is a lot of fun, and at the end

it's just a great memory of all the trips we've done. I have to say though that Oda is definitely the director haha. I'm just hired to do some improvisation on camera.

**Oda:** It started like Sarah said she is a great buddy and always super motivated to get these clips done. I think we have the same kind of humour so we always have a lot of funny ideas! We travel together almost half of the year and she is a professional comedian - so it's never hard for her to get into the Magdalena character, I am always mind blown about her British accent. It's next level!

**There are not many girls only windsurf clips so I'm sure these clips are super motivating for a lot of girls out there. How is training together and competing against each other at the same time?**

**Sarah-Quita:** It's been awesome! I usually travel by myself and often find myself training with the guys, which is great. But training with other women is way, way more motivating. Just more relatable you know? Other than that, I'm not even sure we're training that hard, we're literally having too much fun on the water haha. But there's a lot of support and motivation between us as well. And it seems that during competition the same fun and supporting vibe is still around.

**Oda:** The past years I used to do many trips alone or travel with my boyfriend Håkon. Lately, he could not join as many training trips due to work so I started to train more with SQ. It's been the most fun year. She motivated for slalom and has been such a great training partner ever since. We are freestyling a lot and also had an amazing more wave-riding focused trip in Australia. Sarah is always a few steps ahead of me so I always have someone to look up to on the water! Seeing her sailing always reminds me that

anything is possible! Competing against each other is not so hard. I mainly focus on the moves in freestyle and in slalom we did fight out some epic battles. But one of my favourite moments was when in Denmark Sarah won a race and I got 2nd right after her. That was just epic - it really felt like a team Lovely Holiday moment! The support is great! Watching her winning the wave world title has also been great. Not sure if people can understand how much work she put into that!

**What would be your top advice for windsurfers who are reading this and following your clips?**

**Sarah-Quita:** Get out there and have fun. Windsurfing and the whole adventure that comes with it is a blast :)

**Oda:** Windsurfing is a challenging sport. Enjoy the progress and make sure to have fun while learning new skills!

Will we see more Lovely Holiday Episodes? YES, we will definitely make more lovely holidays in the future :)



**ODA AND SARAH MAP**



## Tiki Torx - One Tool Fits All!

Your Toolbox Revolution Is Here.

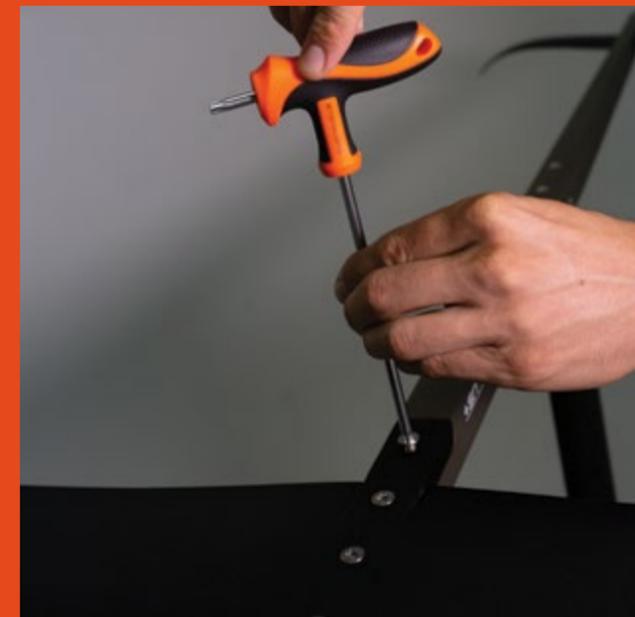
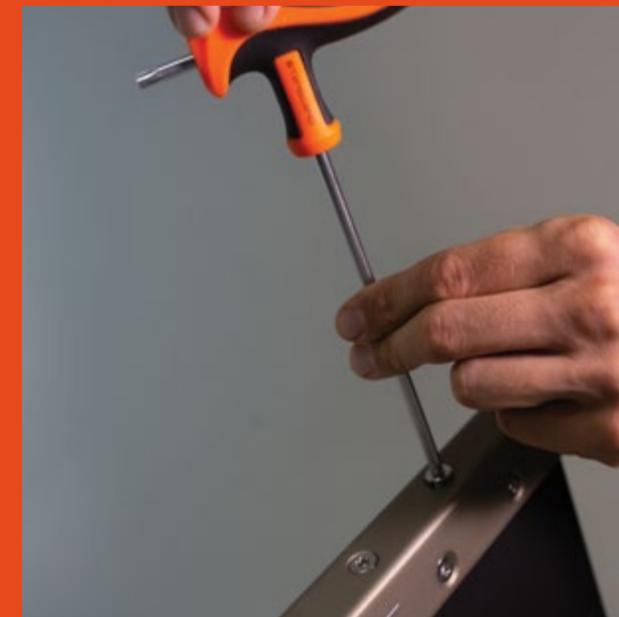
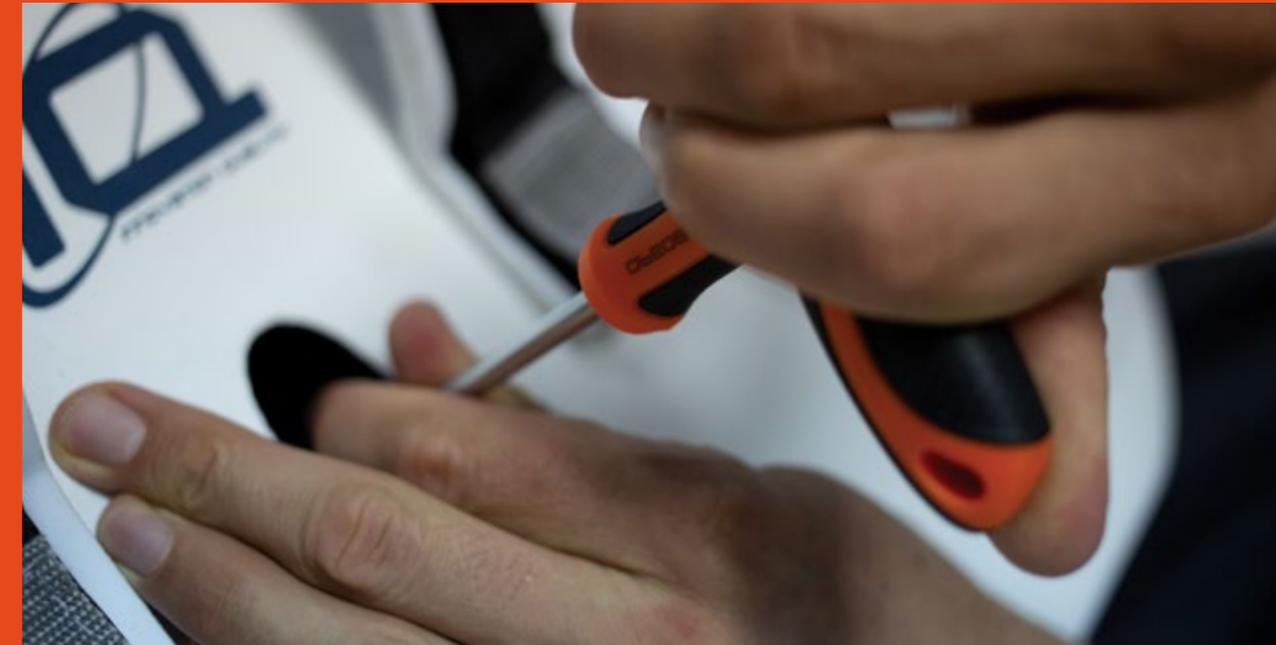
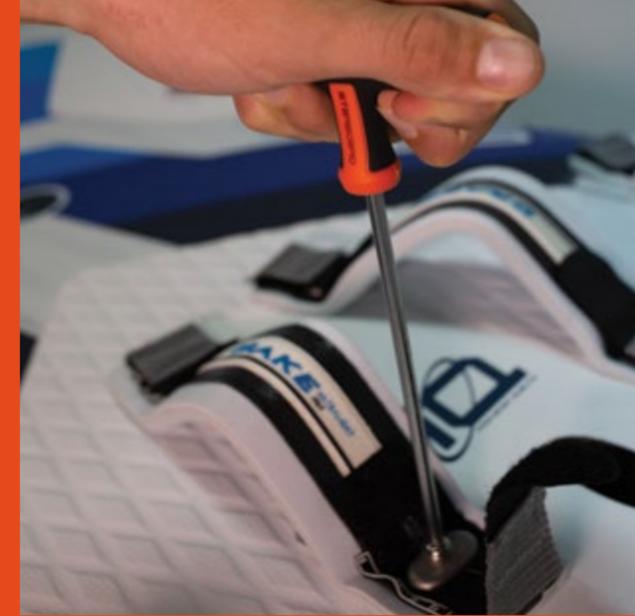
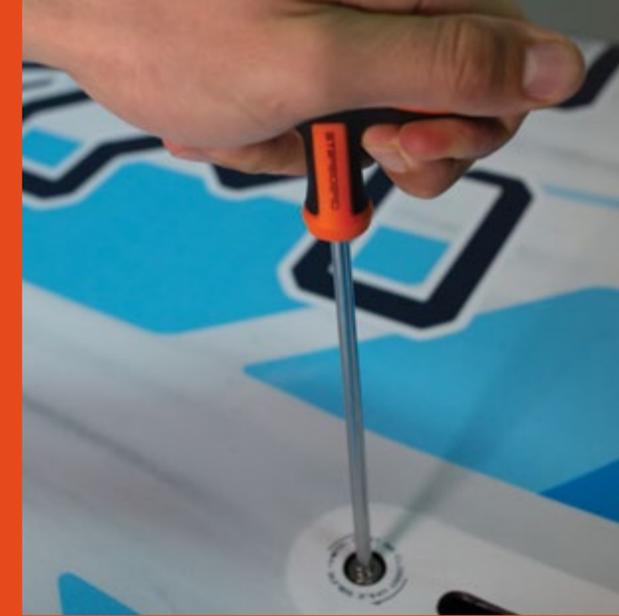
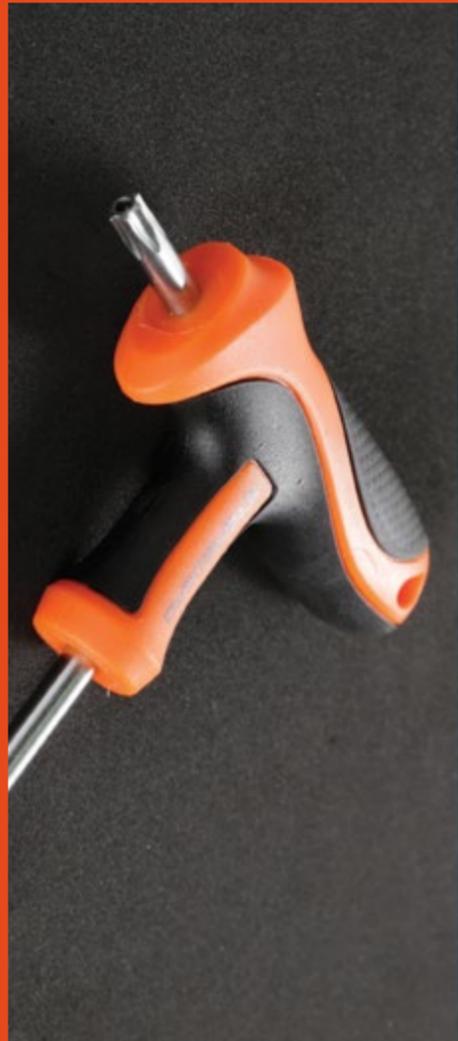
"Where is the screwdriver? No the other one? And the Allen keys? Now I need a Torx for the foil. Oh no, the heads of these footstrap screws are worn again! "

You get to the beach, with a bag full of tools and conditions are looking epic. You rig your sail, you grab your board and then you realise you are missing the one tool in your box you need to get on the water - the mood immediately gets tense... Because at Starboard we know these struggles as well as you do, we now developed ONE tool for ALL the moving parts on your free ride, race or foil boards.

Footstraps, foils, fins and valves are no longer reasons to carry a whole bag of tools with you or to stop you from getting on the water for that matter. The new Tiki Torx is easy to handle and has a powerful torque. The metal is chrome plated to prevent it from rusting easily in salty environments and it has a comfortable TRP handle. Two different edges allow you to access every screw you need to or give you more leverage when things get tough. When preparing your foil efficient and smooth connection of the different parts is more crucial than ever, the Tiki Torx will help you screw things together so that even water won't be able to tell them apart.

Welcome to a new era - Rest in Peace Toolbox

\*The Tiki Torx is available only for Foil boards, Racing boards and Carve-Futura boards.





# THE FAST & FURIOUS

Kodes are designed to deliver the best onshore wave performance and excel in freeride, freewave and freestyle. The Kode shape is short in both nose and tail for added maneuverability while avoiding any loss in acceleration or speed. The increased bottom Vee shape adds maneuverability and precision in the waves, gives a sharper acceleration in the gusts and more smoothness in rough waters. Our tailored fin selection, fin positions and strap positions for each size complete the uncompromised convertible set up.



by MATTEO IACHINO

# ULTRA KODE ULTRA TEAM

Shaped in Thailand ridden everywhere!  
Meet the Ultra Kode crew.

Four dedicated shapers and two R&D designers is all Starboard needs to build the best wave board on the market.

We asked the following questions:

1. How long have you been shaping/working for Starboard?
2. What is your favorite board model ?
3. What is your favorite sport and favorite trick ?

**Albert** - R&D / Manager

1. 6 years
2. Ultra Kode
3. Windsurf, tweaked push loop

**X** - Shaper - Rider

1. 12 years 1 month
2. iSonic
3. Windsurf, just enjoy the speed

**Chad** - Shaper

1. 11 years
2. Kode
3. Wakeboard, air raley

**Toon** - Shaper

1. 13 years
2. Kode
3. Football, เล่นลูกเร็ว ยิงให้ตร

**Den** - Shaper

1. 11 years
2. iSonic
3. Thai boxing, hook



## Shapes From Down Under



**From Australia...**

**Mark Stone** - R&D / Shaper

Mark shaped his first surfboard in 1982. Alongside his own surfboard business, for years he partnered with Wave Scalpel Sailboards (Geoff Hillwood), doing his glassing and sanding. When Geoff decided to do something different around 2000 it gave Mark the opportunity to also begin focusing on building custom sailboards for local sailors keen on new designs. Mark quickly realised he needed to learn how to windsurf to understand design and improve board construction. Windsurfing became a real passion which was almost immediately passed on to Jaeger.

*"Having a long history in surfboard design was a great apprenticeship for starting sailboards. At the time, sailboard design felt like it was 20 years behind that of surfboards. Learning to sail and wave ride myself, along with Jaeger, was justifying the new design and style ideas I was developing. It all fitted together nicely. My focus is that the board must have great sailing ability no matter what new concept I am working on. There are so many levels and styles for windsurfers, but the shapes I produce are what I find most rewarding and it always seems to spill over to others."*

Visit the Ultra Kode page:





## THE DREAM WAVE BOARD BY THE DREAM WAVE TEAM

The Magic Waveboard returns with five all-new shapes. Thruster, quad or twin, they are the ultra-versatile wave boards designed and validated by the Dream Wave Team on the PWA tour. Five lightweight Starboxes weigh the same as three regular fin boxes, so versatility doesn't come at a price. The choice of PWA Champion and Red Bull Storm Chase Winner Jaeger Stone.





MATTEO IACHINO

Photos Ben Pallant / Mathias Moerman

Opinions

# FOILOM: FOIL OR SLALOM?

After the first successful foil-slalom experiments in 2019, the PWA officially revolutionized the slalom discipline for 2020 by introducing the option that riders will be able to use a foil in light wind conditions while continuing to sail on a slalom course and with the same rules as usual. That is of course - no rules. While audiences and competitors await the first

official slalom, or should we say "foilom" races with great excitement, COVID-19 has unfortunately so far put a hold on the 2020 PWA competition season. Matteo Iachino, our 2019 Slalom Vice World Champion, has proven that especially when courses switched to slalom his performances excelled during races on foils. We caught up with him to get the latest inside information on the silent revolution in the PWA.



SPOT:  
ESPERANCE  
AUSTRALIA  
AUTUMN//WINTER  
GEAR:  
ISONIC 77 CARBON  
REFLEX SANDWICH  
SEVERNE MACH3 9.0

SPOT:  
ESPERANCE  
AUSTRALIA  
AUTUMN//WINTER  
GEAR:  
FOIL SLALOM 91  
SEVERNE MACH3 9.0

### Foil Slalom Fact Box:

- No Rules
- Protective Equipment
- 8 Riders Per Heat
- Choose your weapon:  
foil or fin
- 1 Board
- 4 Wings
- 2 Fuselage
- 1 Mast

### Matteo, Foil or Slalom?

That question has actually become obsolete because now they are effectively the same! Slalom is only the name of the downwind course we are usually sailing on a fin but from now on we will also sail it using a foil! I still prefer fin, not because of the fin itself, but because I love the feeling of competing in strong wind and for now foil remains competitive only in lighter winds. However, I also really enjoy racing on the foil in light winds on a slalom course. I believe that it is a clear progression for the discipline as we won't need to pump so much anymore and the quality of racing will improve massively in conditions that are very light and gusty. Because our foils are bigger than our fins and slowing down is less efficient than on a fin, most people are scared and think foil slalom will be dangerous. My personal opinion is that it won't be that dangerous and even if it is a little more dangerous than sailing with just a fin, I believe that we should be competing on the fastest gear available for any given conditions, no compromises. The PWA for me represents the apex of windsurfing competition and being able to showcase maximum performance therefore remains requisite.

### So perhaps foil?'

Yes exactly, we still don't know what the wind limit for maximum performance between fin and foil is but from the experiences gained so far I estimate it to be around 15 knots. I feel confident to change to fin as soon as I am comfortably powered up on my 8.6Mach3 and iSonic 85. After a lot of testing and training in Tenerife during the TWS Pro Training this winter, we saw that the choice will also depend on variables such as the quality of the wind, swell and chop. We got a good idea about the limits of the fin and the foil and I guess we are ready to put everything together and go racing when the time is finally here. With Starboard we have developed a new slalom foil board for this slalom revolution. Last years board was the perfect all-rounder, amazing for up-wind, downwind racing while it was also good on a slalom course or while reaching. The power needed to go upwind affects the speed of the board when you start reaching, that's also why a formula and a slalom board look so different. The new slalom foil is designed to go fast and smooth on the reach and have a more comfortable stance to allow you to push harder with

### Matteo's Foil Slalom Set-Up:

Foil Salom 91  
Front Wing 800,  
Back wing 255  
my second set of wings is  
still secret ;)  
Fuselage 115 and 95+  
Mast 95 iQFoil

“ If I had to choose between fin and foil and the wind was light I would go for foil 100% ”

more control going downwind. The nose is smaller and gets less impact from the apparent wind when you are going full speed and hit the gusts. The back foot sits a little more inside providing a slalom stance and a better performance on the slalom course.

I've always liked the idea of the no rules system. We are a dynamic racing discipline and classical sailing rules don't match what we are doing on the water. Obviously competing at high speed with foils means

it's more dangerous and we will have to wear impact vests and helmets to protect ourselves. We will stick to 8 rider heats because its best for fair and safe competition especially in light winds and at the same time also easier to follow and watch for the public.

Technology

## STARLITE CARBON

Another step ahead!

27 years ago we introduced our first wood sandwich boards with the help of Jean Louis Colmas from New Caledonia. Our riders were performing well with this technology and brought home the first 6 places in the 2000 Formula worlds. Now we bring another level of performance to the iQFoil 85 Youth / Junior program and also to our brand new Carve program.

Words *Svein Askland Rasmussen*

**4** years ago we started work on a technology that would blend the best aspects of Biaxial Carbon weaves and Uni-Directional Wood Veneer. The idea was to add a crisp reflex feel through a full bottom laminate of biaxial carbon, while keeping the functional deck area covered by our classic 0.6 mm UD pine wood for sturdiness and strength.

We further stepped up our technology verification with half a year of intensive

Carve Starlite Carbon test in the hard chops of Vietnam's windsurfing capital Mũi Né and logged over 100 test hours with the iQFoil 85 in Chonburi, Thailand.

All together, the result revealed a higher performing board technology at a lighter weight than the celebrated and well-proven Starlite offering.

We are happy to introduce our Starlite Carbon edition, yet another step ahead.



\*the future is Somwr!



N 19° 53' 45.18"  
W 155° 34' 58.04"

 SOMWR



Visit the SOMWR page:

# FREE WING

ONE STEP AHEAD OF EVERYTHING

Working with the design team from both Airush and Starboard, FreeWings fuse the innovation and ideology of the different sports into groundbreaking designs with refined performance. With development between Thailand, Bali, Tarifa, Cape Town and Maui, we have been able to optimize both light wind and high wind performance to suit your local conditions.

**FOR EVERY FREEWING SOLD**

We plant a mangrove to absorb 1 ton of CO<sub>2</sub> over 20 years and collect 1.1 kg of plastics from the oceans. Live a deep blue life with us.

<https://freewing.star-board.com/>

Our partners for a deep-blue, sustainable future:



SPOT:  
MAGHERAROARTY BEACH  
IRELAND  
GEAR:  
ULTRAKODE 77  
SEVERNE S1 3.7

FROM  
FLYING HIGH

# JAEGER STONE

TO  
LAYING LOW

## PHYSIO & INJURIES

Pushing ones limits often comes at a price but while most athletes get injured and go through periods of rehabilitation and physiotherapy, not many of them actually happen to be Physio's themselves. We wanted to know more about this little known side of our Storm Chase Winner Jaeger Stone.

Words *Jaeger Stone*  
Photos *Erik Schnitzler, Georgia Schofield*

**W**hen I finished high school, I had no real idea what I wanted to do other than wanting to be a professional windsurfer. My plan was to compete on the PWA World Tour for a year or two and then go to university once I had figured out what I wanted to study. The universe had other plans, and after injuring my foot and not being able to windsurf, my university and study plans were fast-tracked.

Visiting the local Physiotherapist at the Geraldton Physiotherapy Clinic when I was younger, I was always interested in learning about the human body. I enjoyed learning about the muscles, bones, joints and the

process of rehabilitation. When I finished school, I didn't think I was capable of being accepted into a Physiotherapy degree as the requirements were really high. I was so motivated and determined though, so I began a bridging course and was accepted a year later based on my scores. Being accepted into Physiotherapy and then graduating as a Physiotherapist are two of my more meaningful achievements.

Since graduating at the end of 2013, my focus has been windsurfing and the PWA World Tour and I'm so fortunate to be able to do that. Still, it is also nice to divert some of my attention into something other than windsurfing from time-to-time.

SPOT:  
ESPERANCE  
AUSTRALIA  
WINTER  
JAEGER STONE  
GEAR:  
ULTRAKODE 77  
SEVERNE S1 4.7

“ Being accepted into Physiotherapy and then graduating as a Physiotherapist are two of my more meaningful achievements. ”

It really makes me appreciate the best of both worlds. While I'm concentrating on and preparing for the PWA World Tour, I'm only able to work a couple of months of the year as a Physiotherapist (unless I'm injured, and I'm able to work a little more), but I use what I have learnt in my degree throughout the entire year. Having an understanding of my body, injuries or annoyances and knowing how to manage them has been really beneficial to my preparation and mind-set when competing. I love learning about the pathophysiology of injuries, pain and the factors that can have an influence on that. It is so unique to each injury, person and situation.

I've had several significant injuries now, and I strongly believe that I've always come back as a better person and windsurfer afterwards. With all my injuries and rehabilitation I've always sought a second opinion and listen to the advice of my colleagues. People always see things from different perspectives, have different experiences and ideas, so I believe it's always a useful tool picking the brain of other people I work with. With time your injuries will often get better through natural history, but I think one of the biggest things is making sure you get your confidence back, and that's why rehabilitation is important. Rehabilitation helps you to achieve your goals, get back to where you want to be and surpass that.



## TESTIFY

# CARVE Vs FUTURA

While both these models are great freeride boards, they offer different possibilities. The Carve is your ideal first freeride board, while the Futura is an incredible speed machine.



“It is clear which is the background of each board but at the end of the day the both meet in this insane ability to ride the most demanding conditions!”

### CARVE

#### Return Of The Legend

The concept that reshaped freeride back in 2000, one of the longest standing models in windsurfing, is back, now with superpowers.

Combining all we know about early-planing, acceleration, high-end speed, control and jibes, the 2021 Carve sets the benchmark as our very best freeride concept to date. It is exciting to describe how well these new boards ride.

The 115 is a little speed bomb that flies over crazy chop with full control. The shape is relatively wide providing accelerating power, while the thinned out rails carves up jibes. This machine is for everyone that likes higher wind freeride and might even want to join the DEFI wind or other fun events. Enjoy this explosive smooth riding sensation!

The 125 is where it all came together, surprising us with its early take-off into a fun ride with high acceleration. The board can be driven onto the fin for that free sensation while the ease of entering a high speed jibe is just as good as the acceleration out of the jibe. It bridges light and medium winds perfectly well. Simply as good as it gets and with that extra spice.



*In 1999 we invented the future of Freeride , now enjoy it further refined.*

The 135 has a quite some genetics from the 2020 Carve 133 which won 2020 magazines test by good margins. Super early-planing and an amazing top-end speed despite its generous width. Thicker rails forward helps acceleration out of jibes and the recessed deck keeps the board in full control when the wind picks up for real. It is a board that gets you way more water time than any other freeride board, yet delivers the whole fun factor when fully powered up. A highly recommended board choice.



CARVE

Our 2021 Carves are smart freeride boards intelligently designed especially to facilitate you taking your windsurfing to the next level. The Carves go fast but stay in total control, jibe beautifully, plane easily and then just keep on planing. Inspired by our test-winning freestyle board the Ignite we added extra volume in the tail while featuring an extra-long flat bottom shape that helps to increase the ease of planing.



The new Carves come in three new sizes:

- 115 L: 72 cm width
- 125 L: 76 cm width
- 135 L: 80 cm width



**Who is it for?** Freeride addicts who are looking for a versatile board that can plane up easily, reach high speeds automatically and carve jibe beautifully.

Volume (liter)	Lenght (cm)	Width (cm)	Sail Size (m <sup>2</sup> )
115	238	72	5.0 - 8.0
125	238	76	5.5 - 8.5
135	243	80	8.0 - 9.0

FUTURA

The Futuras enter their second year, maintaining proven test-winning shapes. Wide, thin and compact, with admired performances for long distance races: Futura's refinements allow you to save energy, maintain the highest average speed for miles and fast powerful jibes.



**Who is it for?** The Futuras are the perfect boards for sailors looking for maximum speed and comfort ratio for long distance races like Defi Wind or speed test contests with friends.

Volume (liter)	Lenght (cm)	Width (cm)	Sail Size (m <sup>2</sup> )
99	228	63	4.5 - 7.5
106	228	67	5.0 - 8.0
109	228	71	5.5 - 8.5
117	228	77	6.0 - 9.5
144	228	86	8.5 - 10.0



### CHANGE IS THE ONLY CONSTANT

Words Flo Jung, Photos Samuel Tome, Fishbowl diaries

In just a few weeks the world has been transformed. For you, for me, for all of us. We live in an imperfect world, with challenges, with problems but also with chances.

Growth is possible only if there is imperfection. We are imperfect problem solvers. Isn't imperfection the secret of our evolution, the engine of progress that keeps us constantly seeking improvements and for ways to learn and grow?

The Greek philosopher Heraclitus once said. "Change is the only constant in life."

We have to plan (is plan for really what you mean or do you mean be aware of things always changing) and be ready for change in every aspect of our life. Especially in this time of corona crisis we have been reminded how

quickly everything can change within just a few days.

Windsurfing is something that seems so far away for me while writing these lines. I haven't been on the water for weeks and I barely remember my last session. To be out on the ocean is one of the things that I really miss while being locked up at home. I have dedicated a big part of my life to follow this passion and learned to adapt to the always-changing elements. It's a positive habit that starts with this exciting moment to see a good forecast, the imagination and joy how it turns into reality, and finally to feel the power of the ocean under my feet, the forces of wind in my hands and rush of adrenaline in my blood. That is what my dreams are made of.

SPOT:  
PLAT BOOM  
SOUTH AFRICA  
AUTUMN//WINTER  
GEAR:  
ULTRAKODE 80  
CARBON REFLEX SANDWICH



# FLO JUNG

τα πάντα ρεῖ / everything is fluid



SPOT:  
CAPE OF GOOD HOPE  
SOUTH AFRICA  
AUTUMN/WINTER  
GEAR:  
ULTRAKODE 80  
CARBON REFLEX SANDWICH

“ We are not perfect, but by accepting this fact, we can start with little solutions to solve big problems. Life is not a sprint. It is a marathon. We have to pace ourselves and expect challenges along the way. ”



Right now, however, there are far more important things in life. We are all going through the same challenges and experiencing something completely new. It's a curse but also an opportunity that can open our eyes to see that we are one species among many—a part of nature, not in opposition to it. As humans, we are proving that we can work together on a global scale while fighting against COVID 19. Is there a chance we can keep this momentum alive and together act towards a healthier planet in the same way?

How can we act and make decisions which are coherent with our vision of a better world? We already have the knowledge and technology we need to feed a larger population, provide energy for all, begin to reverse climate change and prevent most extinction. Change—ecological, economic, social—is inevitable.

Our biggest shared challenge is climate change. If it seems overwhelming, it's in part because it seems that we, as individuals, can't stop it. Even if we're perfect green consumers—refusing to fly, reusing shopping bags and going vegan—we're trapped in a system that makes it impossible to stop adding to the problem. Living requires eating, getting to work, and staying warm

enough in winter and cool enough in summer to work and sleep. For now, it's impossible to do these things in most places without emitting carbon. But change can happen faster than many people appreciate (can ANTICIPATE?). Throughout history, we've been both ingenious inventors and quick to adopt new technologies. With popular will and the right policies, we'll have no problem creating new energy and transportation infrastructures, goods made without toxins or carbon emissions, biodegradable plastic substitutes. As individuals, it's much more effective to spend our energy-demanding those policies, which will make going green the cheaper, easier path, than it is to buy the expensive, niche-market green options available today. We cannot solve the climate crisis by being “good” consumers. But we absolutely can make things much better by being good citizens.

Many people live for today, a few people plan for tomorrow but most people can never contemplate the fact that there will be a day after tomorrow. We as humans prefer to tackle things that are proximate and urgent and climate change feels abstract and distant. Warning people about the end of nature, or citing? Reading? statistics about melting glaciers doesn't play to our strengths.

Facts often don't change people's minds. We have the tendency to make decisions in the moment, choosing to focus on "what will bring me pleasure right now".

We are not perfect, but by accepting this fact, we can start with little solutions to solve big problems. Life is not a sprint. It is a marathon. We have to pace ourselves and expect challenges along the way. Step by step we have to constantly go in one direction in order to achieve change. The question is: what footprints do you want to leave in the long run?

Perhaps the best thing we can all do is to live our lives in line with our values, and not be afraid to embrace change to achieve our goals. If we do this, we not only have the potential to effect change in our personal life but in the lives of others as well.

Now is the time to reflect, to recharge and check which options we have and how we can potentially make an impact. Remember, we are all riding the same waves that go up and down. Right now it might feel like we are getting washed in turbulent waters but it's only a matter of time that we will get back onto our board and enjoy the never-ending ride of adapting to the elements that keep us alive.



ODA JOHANNE

## THE LEGEND RETURNS.

Back in 2000 the Carve was voted freeride board of the year, setting the roadmap for shorter wider freeride boards.

Now 20 years later, the legendary Carve is extending and broadening the performance for all of us who love to accelerate into a comfortable fun freeride mode, carve up jibes with easy entrance, while enjoying fast exits.

Check out the optional middle positioned back footstrap, helping storm riders with comfort in the most critical chop, the recessed deck for massive control and waterdrop tail section allowing for the combo of early planing and top end speed.

In 1999 we invented the future of Freeride, now enjoy it further refined.

Young Gun

# LIAM DUNKERBECK

Photos Victor Couto



For me, windsurfing is the greatest sport ever. And it's so good to practise the different disciplines in all conditions, foil in light wind, speed in strong wind and flat water. I love wave sailing because I can jump high and ride big waves ! See you on the water!!!!

Blogs

## THE POWER OF [WIND]STORIES

Dream Team rider Lena Erdil together with her good friend Katharina Seelack has just launched a new project called MyWindstories.

We asked Lena to explain what MyWindstories.com is all about.

Words Lena Erdil, Photos Kai-Nicolas Steimer



“ At the same time I had the desire to connect all the amazing women athletes that keep inspiring me on my own path and be able to share their stories all in one place. ”

Stories are like invisible strings that connect us and keep us intertwined. Identifying with other peoples stories or even creating stories together, is most often how we feel empathy which also creates a sense of belonging. It is that sense of belonging, established by sharing stories and also similar passions, that for me is what lies at the heart of community building.

The name MyWindstories was born out of our believe in the power of sharing stories as a means of building a community. Windsurfing and the stories created through the process of learning to windsurf, travelling, exploring new spots, meeting new people and most importantly sharing this common passion are very powerful binding aspects. A common love for windsurfing deeply connects us to each other without even knowing it.

Through windsurfing I have met and become friends with so many inspirational women, while also having witnessed a lot of discrimination against women. During my career as a professional windsurfer I have become a bit tired of constantly being in a minority. So the idea for MyWindstories has actually grown out of the need to do something to get more girls onto the water and help build a stronger community amongst the girls who are already windsurf addicts. At the same time I had the desire to connect all the amazing women athletes that keep inspiring me on my own path and be able to share their stories all in one place. Our windsurfing camps and future

events should make the circle complete in that they give our community real live events where we can meet, connect and learn from each other. I think there is something very empowering about the feeling of belonging to a community and I hope that MyWindstories will be able to create this feeling especially for those girls who maybe are missing it when they are in an environment surrounded mostly by men. I love windsurfing with my partner, my dad or training with other guys, but windsurfing with other girls pushes me on another level and it would be amazing if with MyWindstories we achieved to share this feeling amongst more girls and help to grow our community.



Stories

# RENE EGLI

Writing a success story in watersports tourism

Words *Lena Erdil*



“ It's nice to observe that the material is permanently developing to keep the fascinating sport interesting for the already passionate ones and to make it easier for the next generation ”



**Tell us a bit about the ups and downs the company has had or if it has just been uphill since the start? - I think you had to deal with a big fire a couple of years ago how did that affect your example?**

Ever since the beginnings of the company in 1984, the service and offering an attractive product to the clients has been the main focus. Starting with windsurfing, the kitesurf offer was added in the year 2000 and both centers have been constantly developed over the years (Please find pictures attached). Also in difficult moments, like in 2018 when a fire destroyed 1/3 of the windsurf-center, the team-spirit enabled us to open the center directly on the following day and enjoy the unique conditions on the water with our customers.

**It's now perhaps the biggest windsurfing centre in the world or one of the biggest for sure. What is the magic recipe of René Egli Fuerteventura to keep growing ?**

Besides the latest equipment, the focus was also from the very beginning to have a pleasant atmosphere for the companions, to make sure everyone can enjoy watersports holidays on and off the water.

**What are your observations in regards to trends in windsurfing and watersports that are interesting?**

It's nice to observe that the material is permanently developing to keep the fascinating sport interesting for the already passionate ones and to make it easier for the next generation: whether innovative marks on the beginner boards supporting the instructors advices or controllable Foils.

**Starboards Rhino construction has made our beginner Boards undistractable how is the experience with these boards your centre.**

The Rhino\*88s have proven to be an optimal beginner as well as advancer board – it's easy not only for the first steps, but also to improve a little more further on using the exact same board, which gives a lot of confidence and optimizes the individual progression of the students.

**Anything else you would add in regards to the René Egli Starboard co-operation ? Which are your favourite model boards or 'bestsellers' ?**

Over the years of collaboration, the Kode has proven to be the most popular board of the Starboard range for our customers, followed by the Carve. Moreover, we could already host several camps hosted by Starboard riders, and we are looking very much forward to welcome the Starboard TIKI Camps also in 2021 at our center to share the passion altogether.

**Whats the Philosophy of René Egli?**

René came to Fuerteventura in 1984 with the vision of transferring the concept of organized and professional sports holidays from the world of skiing to windsurfing. Ever since all decisions and improvements are based on his idea, to provide the most convenient way to enjoy the latest equipment of the market in the unique natural conditions of Sotavento in direct proximity of excellent accommodation options and with all sorts of amenities for the sportive guests as well as their companions – for a perfect watersport holiday!

# SIZE MATTERS

Are you sailing on the right size board?

Words Lena Erdil, Photos John Carter



Whether you enjoy pushing your limits in the waves, racing against your friends on a slalom or speed strip or simply like keeping it freestyle, we know that using the right size board will make or break your session. While we are constantly working to improve the wind range of each of our boards, they are still also designed to deliver the highest possible performance in a specific wind range, while also taking

into account riders of all sizes. That is why, choosing the right board size for your size, matters. To make sure you are or will be using the right size for your needs you can now, take the "decision maker quiz's" below and find the perfect board combination that will allow you to cover the widest range of wind possible for your weight and know exactly which is the ideal board for which wind range for your weight.



## ISONIC

Knots	cm			
	7 - 15	85cm	85cm	85cm
15 - 25	77cm	83cm	83cm	
25 - 30	67cm	72cm	72cm	
30+	60cm	63cm	63cm	
Quiver	Kg			
	50 - 73	73 - 88	88+	
	1 Board	72	72	77
	2 Board	63 77	67 83	67 85
3 Board	60 67 77	60 72 83	63 72 85	



## ULTRA KODE

Knots	lt				
	15 - 20	80lt	86lt	86lt	93lt
20 - 25	76lt	80lt	80lt	86lt	93lt
25 - 30	65lt	76lt	80-76lt	80lt	86lt
35+	65lt	72lt	76lt	76lt	80lt
Quiver	Kg				
	50 - 65	65 - 75	75 - 85	85 - 95	95+
	1 Board	76	80	86	93
2 Board	65 76	76 86	80 93	86 100	93 100



## IGNITE

Knots	lt		
	15 - 20	103lt	103lt
20 - 25	93lt	103lt	103lt
25 - 30	87lt	93lt	93lt
35+	87lt	87lt	93lt
Quiver	Kg		
	50 - 70	70 - 85	85+
1 Board	87	93	103

Find out more in our Starboard website:



size matters



Life

## LENNART NEUBAUER IN NAXOS

Isolation in a Paradise ...or not?

*COVID-19 has shown many of us what isolation can feel like but living on a small greek island, Lennart Neubauer has his own experience with isolation. We asked him about it.*

**Words** Lennart Neubauer, **Photos** Alex Grymanis

Living on a small island like Naxos with only 20.000 permanent inhabitants has its ups and downs. In the summer I get to meet people from all over the world who share the same interests as me. In fact, most of my closest friends are windsurfers who come in the summer, I always look forward to summertime because in the offseason there is no one on the water who I can share my sessions with, except for one or two locals. But more recently during the summer month, I have been competing on the Canaries while my friends are in Naxos for holidays. Luckily I also meet and have become good friends with many of the people who, like me, spend the summer competing at different events on the World Cup and European Tour. So the downside for me now is definitely the loneliness that kicks in when the tour is over, I come back home and everybody has already left.

Most guys my age here play soccer or basketball, which I am not that much into. But I often feel that the best and most focused training sessions happen when I am alone on the water. Then it's mostly when I get to the beach, that I miss being able to share that feeling of stoke after a great session. Due to COVID-19 for me this winter was especially hard; our school was closed so I had a lot of time and from my house, I could see epic conditions but I was not allowed to go sailing. It was really driving me crazy at times. In order to keep fit, despite the lack of sailing, I go cycling or running every day, but again, I am alone most of the time.



“ Foilstyle is a lot of fun! Even though the board feeling is very different, you don't lose the feeling of the sail, that means you can improve your regular freestyle with it too. ”



**If you could be one of the twelve Greek gods which one would you choose?**

Of course I would like to be Poseidon because then I could make my own conditions every day.

**Pizza or Souvlaki?**

My heart beats for Souvlaki, because its cheap and tasty - the best way to get rid of hunger.

**Favorite band?**

I do not really have a favorite band, I listen to music mostly on Spotify and if like a song I just download it to my playlist

**Favorite movie?**

For sure "Minds Wide Open" and some "Casa de Papel" action on Netflix

**Favorite Superhero?**

Amado

**Where do you see your self in 10 years?**

I see myself having some world-titles in Freestyle and maybe Wave, still enjoying the windsurfing competitions to the fullest. I also see myself having a degree in sports marketing. I would love to study that online after finishing high school.

**What's your most memorable windsurfing experience: 1st hooked planning, 1st Forward loop or 1st Volcano?**

For sure my first Vulcan

**We see more and more freestylers moving into the wave discipline. Do you think freestyle now is an important basis for competing in the waves?**

I think it is not necessary to come into wave with a freestyle background, but I am 100% positive that it is very helpful.

**Greece has a long history in windsurfing but yet we haven't seen many greek pro windsurfers. From your point of view, what is the reason for this? Poor development or a lack of interest in the sport from the locals?**

Greece has a windsurfing history but lately, kids of my generation are unfortunately more on their phones, this makes them lazy and not open for new experiences. I see it as my job to find ways to encourage young people to join the sport so that windsurfing becomes as big as it deserves. My view for the Greek windsurfing scene is still positive because those who get the chance to try here get hooked immediately.

**Favourite freestyle move?**

The Kabikuchi because it gives you that great feeling of controlled airtime, it's like flying in slow motion.

**Best freestyle spot?**

I travelled a lot of different spots so far but my favourite freestyle spot remains my home spot: Laguna Naxos.

**Favourite active rider?**

Steven van Broeckhoven because he is one of the most powerful and kindest riders on the tour.

**Radical or smooth style?**

Smooth style is more my thing.

**Favourite wave move?**

Wave 360, but closely followed by a nice pushloop.

**Best wave spot?**

Australia, Margaret River I was lucky to go there for the Starboard photoshoot last February, I really hope to go back there soon.

**Potential moves you have in mind?**

The Double Air Culo lets see how long it will take me to learn that...

**Wave board Fin setup?**

Thruster with a 15.5 centre fin and 10 sides but I still need to experiment with setups and would really like to try a twin set up.

**How is foil style going for you?**

Foilstyle is a lot of fun! Even though the board feeling is very different, you don't lose the feeling of the sail, that means you can improve your regular freestyle with it too.

**Where do you think you give your 100% during a competition or at a photoshoot?**

At competitions, because it pushes me to do my best. Photo shootings are mostly fun for me and I hope to do more in the future when I have time and finished my school.

**Unfortunately, injuries are unavoidable in our sport, how do you prepare your body? Do you have any special workouts or warm-ups?**

I had a few smaller injuries before and it's the worst feeling ever! I make sure that I warm up enough for every session so that I can handle hard crashes better. In extreme sports, big crashes are part of the game and are how we improve thats also why daily workouts are a must.

...a lot of people come to the islands in high season like summer but that is not the whole truth about living on a small island like Naxos. The other half of the year I spend alone on the water, where I really get a good amount of time to think about my training, my moves and competition. All in all I feel like my focus is much bigger when isolated on the water cause I don't get distracted by any thing. Now you might be thinking "what about the fun"? Well it actually takes some time to get used to being just with your self out there which is totally normal, but after that you will realise that the only thing you need is motivation, which comes from little youtube videos online, or a friend challenging you to do something crazy. So its up to you to keep the motivation going!!







Life tips

## STATE OF FLOW

Learn about that winning mindset and how to get there

Words Lena Erdil, Photos Two Goat Media, PWA



"THE BEST MOMENTS IN OUR LIVES ARE NOT THE PASSIVE, RECEPTIVE, RELAXING TIMES [...] THE BEST MOMENTS USUALLY OCCUR IF A PERSON'S BODY OR MIND IS STRETCHED TO ITS LIMITS IN A VOLUNTARY EFFORT TO ACCOMPLISH SOMETHING DIFFICULT AND WORTHWHILE"

- Csikszentmihalyi, 1990



“ So even though I have won the title now, thankfully there's still SO much I can learn in windsurfing. There's a couple of jumps and wave tricks I still need to learn. ”

The mental state when all else falls away and you become totally emerged in the action is referred to as 'Flow'. Coined by psychologist Mihaly Csikszentmihalyi 'Flow' is also described as the optimal state of mind for maximum performance and according to Mihaly, it is closely related to our feelings of happiness and optimal experience. Something that boils down to: **more flow = more happiness = more success.** Happiness and success of course are what most of us long for in our lives and maybe it is the feeling of flow most of us experience when we are having a good windsurfing session that makes windsurfing ultimately so rewarding for us.

In Sports Psychology Flow has become increasingly thought after especially in regards to questions such as 'what does it take mentally, to perform at optimum levels physically?' and 'how do I get into the right state of mind for competition?'

Whether you are competing or not, 'flow' seems to be a desirable state of mind to be in! So at Starboard, we dug deep to research the state of flow for you by examining one of windsurfing's biggest success stories in recent times. We asked Sarah-Quita, who with 17 World Titles in 3 disciplines, surely must have the 'State of Flow' dialled in, to answer a few questions about flow.

**Hello Sarah, big congratulations you just won your first PWA Wave Worldtitle! After looking for new challenges in slalom, winning multiple titles here while adding freestyle titles to your name every year, you dedicating a lot of time into improving your skills in the waves. Having now accomplished the goal of a wave world title, how do you feel?**

Thanks so much, it's a bit of an unexpected dream come true for me. I did really put my mind and effort into wave sailing over the last 3 years. And this year I was feeling really good in the Canaries, but I didn't start too well with two third places in Gran Canaria and Tenerife. So looking back now to the end of the Canaries leg, I didn't think the year would end up like this. Winning the Aloha Classic, and with that my first wave title, feels unreal and is the cherry on top of what was already a ridiculously fun year! I just love windsurfing as a whole and want to enjoy everything this sport has to offer, hence I've been applying myself to the different disciplines.

**We want to know more about your secret to winning, for most great athletes the state of mind seems to be decisive, how would you describe yours when you're competing?**

Yes, I think the state of mind is crucial. For me, once the green flag goes up I clearly feel how I switch into this tunnel vision competition mode, where I feel like nothing is impossible, given I'm not too nervous. I have been able to control that though and usually, I'm able to put down some good heats. I guess when I compete I just don't see the option of losing. In it to win it...hahaha. AND I think the main thing is that I do enjoy competing as well, like... I live for the challenge of having to step up my game against others. It's a rush.

**In sport psychology the tunnel vision you refer to is also often called a 'State of Flow', it's the state artists experience while painting or great musicians while playing and of course athlete's when performing at their highest level. Do you have ways to help you achieve this state? Do you listening to our favourite songs or think about a special moment, or is it something that just happens naturally as soon as you are about to start your heats?**

yeah, that's definitely what I meant when I said I get into this tunnel vision. I do play music all the time before competing, it's both to get hyped up for the heat, but also to loosen up and not take it

too seriously. Listening to the music helps me to get into this positive excited mindstate. So to be more precise, I'm already looking forward to getting on the water and as soon as the red flag goes up I can feel myself slowly moving into this flow state I have about 3-4 minutes to get ready for the green flag and about 30 seconds before it's go time. That's when I decide to go all in. There's no more time to doubt yourself. You just have to trust your ability and intuition. It's SUCH a rush. I think that's why I just love competing. You can do so much more than you think.

“Yes, I think it's a state of mind. I think once the green flag goes up I do switch into this tunnel vision competition mode where I feel like nothing is impossible”

**Already having won titles in all 3 disciplines we can only wonder and ask what's next on your list of goals?**

What's next! Well, let's say that most of the motivation comes from wanting to improve. So even though I have won the title now, thankfully there's still SO much I can learn in windsurfing. There's a couple of jumps and wave tricks I still need to learn. So I will definitely keep on competing so that I keep pushing myself to the next level. Other than that... I think I'll enjoy this for now, and at some point, I'll reset and focus on where I really want to go next with windsurfing.

Have you experienced the State of Flow before? Or are wondering what it takes to get there? Read the 8 characteristics of flow described by Csikszentmihalyi and find out. Is Flow indeed the magic formula behind Sarah Quita's incredible success? We let you decide.

#### ***The 8 Characteristics of Flow***

- 1. Complete concentration on the task;***
- 2. Clarity of goals and reward in mind and immediate feedback;***
- 3. Transformation of time (speeding up/slowing down);***
- 4. The experience is intrinsically rewarding;***
- 5. Effortlessness and ease;***
- 6. There is a balance between challenge and skills;***
- 7. Actions and awareness are merged, losing self-conscious rumination;***
- 8. There is a feeling of control over the task.***



## THE TEST-WINNING FREERACE BOARD

The test-winning freerace board for technical windsurfers seeking the impossible: maximum speed combined with comfort, control and jibing precision. Load up, power up and conquer long distance marathons; the Futuras deliver maximum average speed with total confidence.



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ULTRAKODE KODE IGNITE FOIL X FOIL X WING FOIL FREERIDE FOIL SLALOM FOIL RACE IQFOIL ISONIC

WAVE & FREESTYLE

MODEL	LENGTH	WIDTH	TAIL WIDTH	FIN	FIN BOX	RECOMMENDED SAIL SIZE	CARBON REFLEX SANDWICH	CARBON SANDWICH	WOOD SANDWICH	STARLITE
Ultrakode 65	210	52	35.6	1x Drake Stone Surf 17 / 2x Drake Stone Surf 10	2x Starbox 13.5 / 1x US Box 8"	2.0 - 5.0	5.18	-	5.92	-
Ultrakode 78	222	56	36.3	1x Drake Stone Surf 18 / 2x Drake Stone Surf 11	4x Starbox 13.5 / 1x US Box 8"	3.3 - 5.3	6.10	-	6.55	-
Ultrakode 82	217	58	38.6	1x Drake Stone Surf 19 / 2x Drake Stone Surf 11	4x Starbox 13.5 / 1x US Box 8"	3.5 - 5.5	6.37	-	6.98	-
Ultrakode 86	218	60	40	1x Drake Stone Surf 19 / 2x Drake Stone Surf 11	4x Starbox 13.5 / 1x US Box 8"	3.5 - 5.5	6.48	-	7.08	-
Ultrakode 93	218	61	42.3	1x Drake Stone Surf 19 / 2x Drake Stone Surf 11	4x Starbox 13.5 / 1x US Box 8"	4.6 - 6.5	6.75	-	7.12	-
Ultrakode 100	218	63	43.8	1x Drake Stone Surf 20 / 2x Drake Stone Surf 11	4x Starbox 13.5 / 1x US Box 8"	3.5 - 6.5	6.92	-	7.30	-
Kode 85	223	60	39.9	1x Drake FreeWave 28 / 1x Stone 18 2x Drake Natural Wave 11	2x Starbox 13.5 / 1x US Box 8"	4.0 - 6.0	TBA	-	6.93	-
Kode 95	224	61	40.3	1x Drake FreeWave 28 / 1x Stone 19 2x Drake Natural Wave 11	2x Starbox 13.5 / 1x US Box 8"	4.5 - 6.5	TBA	-	7.32	-
Kode 105	224	65	43	1x Rush 22 / 2x Drake / Natural Wave 11/ 1x Drake FreeWave 30	2x Starbox 13.5 / 1x US Box 8"	5.0 - 7.0	TBA	-	7.75	-
Kode 115	225	67	44.2	1x Rush 22 / 2x Drake / Natural Wave 13/ 1x Drake FreeWave 32	2x Starbox 13.5 / 1x US Box 8"	5.5 - 7.5	TBA	-	7.85	-
Kode 125	227	69	46.2	1x Rush 22 / 2x Drake / Natural Wave 13/ 1x Drake FreeWave 36	2x Starbox 13.5 / 1x Powerbox	4.5 - 7.5	TBA	-	8.60	-
Kode 135	230	72	47.4	1x Rush 22 / 2x Drake / Natural Wave 13/ 1x Drake FreeWave 38	2x Starbox 13.5 / 1x Powerbox	5.0 - 8.0	TBA	-	8.90	-
Ignite 87	210	60	39.1	1x Drake Ready Freestyle 18 + 1 x Freewave 24	Power Box or Foil Box	2.5 - 5.5	6.05	-	-	-
Ignite 93/ 93 Ready to Foil	210	63	39.9	1x Drake Ready Freestyle 19 + *1 x Freewave 26 *(not provided for RTF)	Power Box or Foil Box	4.5 - 6.0	6.8	-	-	-
Ignite 103 / 103 Ready to Foil	210	66	43.1	1x Drake Ready Freestyle 21 + 1 x Freewave 28 *(not provided for RTF)	Power Box or Foil Box	5.0 - 6.5	7.18	-	-	-
GO Duet 122	228	80	52	1x Drake Freeride Power 42	Deep Tuttle Box	5.5 - 8.5	-	-	-	9.48
GO 133	238	80	51.9	1x Drake Freeride Power 44	Deep Tuttle Box	6.0 - 9.0	-	-	-	10.30
GO 144	237	83	54.4	1x Drake Freeride Power 46	Deep Tuttle Box	6.5 - 9.5	-	-	-	10.87
GO 155	236	87	57.4	1x Drake Freeride Power 48	Deep Tuttle Box	7.0 - 10.0	-	-	-	11.07
GO Windsurfer 165	263	79	51.5	1x FreeRide Power 48 + Daggerboard 570	Tuttle Box + Clipperbox	3.5 - 9.0	-	-	-	13.85
GO Windsurfer 175	268	83	54.1	1x FreeRide Power 50 + Daggerboard 570	Tuttle Box + Clipperbox	4.5 - 10.0	-	-	-	14.01
GO Windsurfer 195	271	87	56.7	1x FreeRide Power 52 + Daggerboard 570	Tuttle Box + Clipperbox	4.5 - 10.0	-	-	-	14.40
Windsurfer LT Beginner	365	74	47	1 x MFC WW 30 + 1x Daggerboard 62 Allgaier	Power Box + Allgaier	4.5 - 5.7	-	-	-	-
Windsurfer LT One Design	365	74	47	1x MFC WW 30 + 1 x Dagger TWB Windgeniuty 850	Power Box + Allgaier	4.5 - 5.7	-	-	-	-
Futura 63	225	63	40.9	Drake Slalom DW 32 Ready to Race	Tuttle box	4.5 - 7.0	-	6.48	TBA	-
Futura 67	229	67	44.7	Drake Slalom DW 36 Ready to Race	Tuttle box	5.0 - 8.0	-	6.7	TBA	-
Futura 71	228	71	45.4	Drake Slalom DW 48 Ready to Race	Foil Box	5.5 - 8.5	-	7.04	TBA	-
Futura 77	229	77	47.7	Drake Slalom DW 42 Ready to Race	Foil Box	6.0 - 9.0	-	7.49	TBA	-
Futura 86	228	86	53.1	Drake Slalom DW 46 Ready to Race	Foil Box	6.5 - 10.0	-	8.0	TBA	-
Carve 115	238	72	48	Drake FreeRide Power 380	Deep Tuttle box	5.0 - 8.0	-	-	TBA	TBA
Carve 125	238	76	48	Drake FreeRide Power 400	Deep Tuttle box	5.5 - 8.5	-	-	TBA	TBA
Carve 135	240	80	52.2	Drake FreeRide Power 440	Deep Tuttle box	6.0 - 9.0	-	-	TBA	TBA
AirPlane 242	242	73	46.7	Drake FreeRide Power 400 / Drake Shallow 220	Tuttle Box + Removable US Box	2.1 - 8.5	-	-	-	7.9
AirPlane 255	255	78	46.7	Drake FreeRide Power 420 / Drake Shallow 220	Tuttle Box + Removable US Box	2.0 - 6.5	-	-	-	9.15
AirPlane 290	290	90	46.7	Drake FreeRide Power 410 / 1x Clipperbox Daggerboard 570	Tuttle Box + Clipperbox	2.0 - 7.5	-	-	-	14.05
AirPlane Whopper School Edition 10'0" x 34"	305	89	46.7	Drake Shallow 22 + Dagger board	US Box	4.5 - 7.0	-	-	-	12.6

FREERIDE

INFLATABLE



FUTURA CARVE FORMULA PHANTOM GO AIRPLANE RIO RHINO START RHINO SUP WINDSURFING SUP WINDSURFING INFLATABLE WINDSURFING LT

RACING

FOILING

ENTRY LEVEL

SUP WINDSURFING INFLATABLE 1 - COMPOSITE 1

MODEL	VOLUME	LENGTH	WIDTH	TAIL WIDTH	FIN	FIN BOX	RECOMMENDED SAIL SIZE	CARBON REFLEX SANDWICH	CARBON SANDWICH	WOOD SANDWICH	STARLITE
iSonic Luderitz	53	225	44	26	without fin Rec. Fin: Drake Slalom 28	Short Tuttle box	4.5 - 5.6	4.20	-	-	-
iSonic Speed Slalom 55	76	225	55	35	without fin Rec. Fin: Drake Slalom 30	Short Tuttle box	4.5 - 6.2	5.0	5.50	-	-
iSonic Speed Slalom 60	86	225	60	38.8	without fin Rec. Fin: Drake Slalom 30	Short Tuttle box	5.0 - 7.0	5.60	5.99	-	-
iSonic Speed Slalom 63	94	225	63	40.1	without fin Rec. Fin: Drake Slalom 32	Short Tuttle box	5.0 - 7.0	5.84	6.27	-	-
iSonic Speed Slalom 67	113	228	67	44.7	without fin Rec. Fin: Drake Slalom 36	Short Tuttle box	5.6 - 7.8	6.23	6.68	-	-
iSonic Slalom 72	122	228	72	48.8	without fin Rec. Fin: Drake Slalom 38	Deep Tuttle Box	7.0 - 8.6	6.68	7.15	-	-
iSonic Slalom 77	127	228	78	54.6	without fin Rec. Fin: Drake Slalom 40	Deep Tuttle Box	7.0 - 8.6	7.0	7.45	-	-
iSonic Slalom 83	134	228	83	58.9	without fin Rec. Fin: Drake Slalom 44	Deep Tuttle Box	7.8 - 9.2	7.45	7.87	-	-
iSonic Slalom 85	139	228	85	60.1	without fin Rec. Fin: Drake Slalom 46	Foil Box	7.8 - 9.5	7.68	8.21	-	-
Formula 177	177	227	100	84.6	1x Drake R13 70 Ready To Race	Foil Box	7.0 - 12.5	9.65	-	-	-
Phantom Race 377	263	377	67	49.5	1x Race 52 Ready Black / 1x Daggerboard Star 780 Black	Deep Tuttle Box + L Plate Daggerboard Box	6.5 - 9.5	13.6	-	-	-
Phantom Race 377 L	331	376	68	49	1x Race 52 Ready Black / 1x Daggerboard Star 780 Black	Deep Tuttle Box + L Plate Daggerboard Box	6.5 - 9.5	14.6	-	-	-
Foil X 105	105	185	63	56.1	Super Cruiser / GT / GTR / Wave	Foil Box	3.3 - 6.5	-	-	TBA	-
Foil X 125	125	190	67	60.4	Super Cruiser / GT / GTR / Wave	Foil Box	-	-	-	TBA	TBA
Foil X 145	145	193	71	65.5	Super Cruiser / GT / GTR / Wave	Foil Box	5.0 - 7.0	-	-	TBA	TBA
Foil X Wing 105	105	185	63	56.1	Super Cruiser / GT / GTR / Wave	Foil Box	-	-	-	TBA	-
Foil X Wing 125	125	190	67	60.4	Super Cruiser / GT / GTR / Wave	Foil Box	-	-	-	TBA	TBA
Foil X Wing 145	145	193	71	65.5	Super Cruiser / GT / GTR / Wave	Foil Box	-	-	-	TBA	TBA
Foil Freeride 125	125	210	76	64.7	Freeride / GT / GTR	Foil Box	4.5 - 8.5	-	-	TBA	TBA
Foil Freeride 150	150	210	85	74.8	Freeride / GT / GTR	Foil Box	5.5 - 9.0	-	-	TBA	TBA
Foil Slalom 71	145	220	71	60.2	Race / Race Pro	Foil Box	5.0 - 8.0	TBA	TBA	-	-
Foil Slalom 81	167	220	81	69.9	Race / Race Pro	Foil Box	5.0 - 8.0	8.40	TBA	-	-
Foil Slalom 91	192	220	91	80.1	Race / Race Pro	Foil Box	5.0 - 9.0	9.60	-	-	-
Foil Race 100	208	220	100	85.4	Race / Race Pro	Foil Box	7.0 - 10.0	8.50	-	-	-
iQFoil 95	196	220	95	85.6	iQFoil Carbon	Foil Box	6.2 - 9.0	11.25	-	-	-
iQFoil 85	153	215	85	73.7	iQFoil Alu	Foil Box	-	-	-	TBA	TBA
Rio S Long Tail	196	295	79	54.2	1x Drake Shallow 310 / 1x Clipperbox Daggerboard 570	Tuttle Box + Clipperbox	2.0 - 9.5	16.95	RHINO (NO PADS) 15.80	-	14.93
Rio M Long Tail	219	308	82	55.7	1x Drake Shallow 410 / 1x Clipperbox Daggerboard 570	Tuttle Box + Clipperbox	2.0 - 9.5	17.90	16.68	-	16.01
Rio L Long Tail	259	333	87	60.8	1x Drake Shallow 410 / 1x Clipperbox Daggerboard 570	Tuttle Box + Clipperbox	2.0 - 9.5	19.16	18.14	-	17.11
Rio XL Long Tail	266	336	82.5	48.1	1x Allgaier 62 / Drake Shallow 220	US Box 8" + Allgaier	2.0 - 9.5	-	18.73	-	-
Start M	238	284	94	74.2	1x Drake Shallow 410 / 1x Clipperbox Daggerboard 570	Tuttle Box + Clipperbox	2.0 - 9.5	17.4	-	-	-
Start L	246	285.5	101	81.1	1x Drake Shallow 410 / 1x Clipperbox Daggerboard 570	Tuttle Box + Clipperbox	2.0 - 9.5	18.9	-	-	-
GO ASAP 11'2" x 32"	217	346	81.5	51.6	1x Drake Shallow 220 + 2x Drake Shallow Sail	2x Surf Fin Z / US Box 10'	4.5 - 7.0	13	-	-	-
GO ASAP 12'0" x 30"	221	372	76	42.9	1x Drake Shallow 220 + 2x Drake Shallow Sail	2x Surf Fin Z / US Box 10'	4.5 - 7.0	13.1	-	-	-
GO ASAP 12'0" x 34"	256	372	87.5	48.2	1x Drake Shallow 220 + 2x Drake Shallow Sail	2x Surf Fin Z / US Box 10'	4.5 - 7.0	14.4	-	-	-
IGO 10'8" x 33"	331	325	84	-	2x Drake Shallow 220	1x US Box / 1x Removable US Box	2.5 - 7.1	-	11.9	-	-
IGO 11'2" x 31"	342	340	79	-	2x Drake Shallow 220	1x US Box / 1x Removable US Box	2.5 - 7.1	-	TBA	TBA	-
Touring 12'6" x 30"	355	381	76	-	2x Drake Shallow 220	1x US Box / 1x Removable US Box	4.5 - 7.5	-	11.3	-	-



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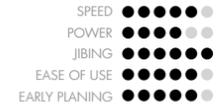
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The convertible board between wind foil and wing foil



FOIL | **FOIL X**



For freeride and freestyle foiling Ultra-compact for maximum maneuverability. New side-cuts help the boards take off early



FOIL | **FREERIDE**



Performance freeride with power, early take-off and comfort.



FOIL | **SLALOM**



The new Foil Slalom is our fastest foil board. Flying starts from just 5 knots while the impeccable stability and reduced drag of the board will help you push the limits of speed.



FOIL | **RACE**



This board features the same shape than Olympic iQFoil 95 with extra-width that makes it even more powerful and race oriented.



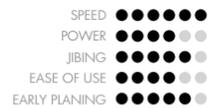
FOIL | **iQFOIL**



The new Olympic board but also a very good set up for people who want to experiment the addictive sensation of foiling at high speeds and exploring the coastline over long distances



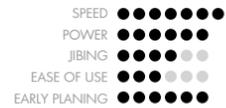
FREERIDE | **FUTURA**



The Futura is designed for technical windsurfers seeking the impossible: maximum speed combined with comfort, control and jibing precision.



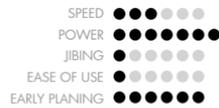
SLALOM | **iSONIC**



The most technologically advanced slalom board in the world, our fastest and lightest.



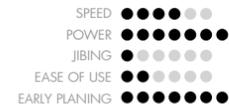
RACE | **PHANTOM**



The world's most successful raceboard ever.



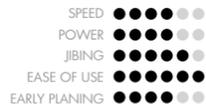
RACE | **FORMULA**



The course racing board with the most power and the widest wind range.



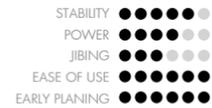
FUN | **GO**



The iconic, feature-packed progressive freeride boards.



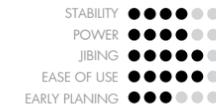
FUN | **RIO**



The board for first time windsurfers looking to learn, progress and start planing.



RETRO | **WINDSURFER**



The iconic classic reborn. Experience amazing glide in the lightest winds.



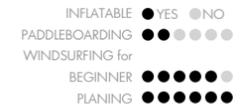
PADDLE | **SUP WINDSURFING**



A board for paddleboarding and windsurfing all in one, for the whole family to enjoy.



PADDLE | **AIRPLANE**



The world's first and technologically the most advanced inflatable windsurf boards.



PADDLE | **iGO**



The inflatable board for paddle boarding and windsurfing all in one, for the whole family to enjoy.

## DRAKE iQFOIL FINS

The iQFoil 95 is equipped with a Carbon Drake iQFoil 68cm for the Men's category or with a Carbon Drake iQFoil 66cm for Women's category.

[WINDSURF.STAR-BOARD.COM](http://WINDSURF.STAR-BOARD.COM)



## THE ERA OF WINGFOIL BEGINS

It's all about timing, and sometimes you're too ahead of time. We started developing the Freewing in 2012, but since our windsurfing gear was still outperforming it, we put the project on ice for a few years. Now the rise of foiling has opened up a new dimension and new possibilities. For 2021, Starboard and Airush Kiteboarding collaborated to bring out a brand new all-round foiling called the Freewing Air. Its generous strut diameter improves the frame stiffness; as a result, our Freewing Air is uniquely controllable when overpowered while being extremely efficient while pumping in light-wind. When luffed in the neutral position, it remains stable, making it your ideal partner for downwinders or carving while surfing.

[AIRUSH.COM](http://AIRUSH.COM)



## THE SUPERCRUISER - FOR WINDFOILING

SuperFast. SuperStable. The 1700cm<sup>2</sup> front wing allows for super low take-off speeds and offers a unique floating sensation for which you need neither high speed nor force. That means you can lean back and focus on enjoying your flight. Additional stability and power are the results of the extended 87cm fuselage length. The SuperCruiser matches nicely with the Starboard Foil X or Foil Freeride boards. Even while using smaller sails, these board/foil combinations are ideal for super light winds and make learning foil-jibes and 360s smooth and floaty.

[STARBOARDFOILS.COM](http://STARBOARDFOILS.COM)

## CHOOSING THE RIGHT FOIL FOR WINGFOILING

Starboard Foils offer a complete and modular foiling platform that can evolve with you as you begin your wingfoiling journey. The S-Type 2400 and 2000 provide great lift and stability, which makes them perfect for all-round wingfoiling, flying comfortably in lighter winds, complete flying jibes and flying tacks and to ride switch with maximum stability. The S-Type wings are also recommended for carving and surfing. If you are looking for more speed and efficiency, we recommend switching to the E-Type 1700 and E-Type 1300, our more high-aspect wings. Already feel like a wingfoil master? Then it is time to step it up and perhaps take things even higher into the air. The X-Type 1100 lets you discover an entirely new side of wingfoiling: big jumps, incredible speeds, and super sharp turns while surfing. The rule of thumb for your mast length is that the more experience you get, the higher you will want your mast to be. While smaller size masts offer great flight control, the bigger sizes will help enhance your performance while speeding up and starting to do tricks. An excellent match for the S-Type 2400 would be a 72cm mast (ideal for beginners) and on the other end of the spectrum, a 92cm or 102cm mast would pair super well with the X-Type 1100. The choice is yours, which Wingfoil combo will be your perfect match?

[STARBOARDFOILS.COM](http://STARBOARDFOILS.COM)



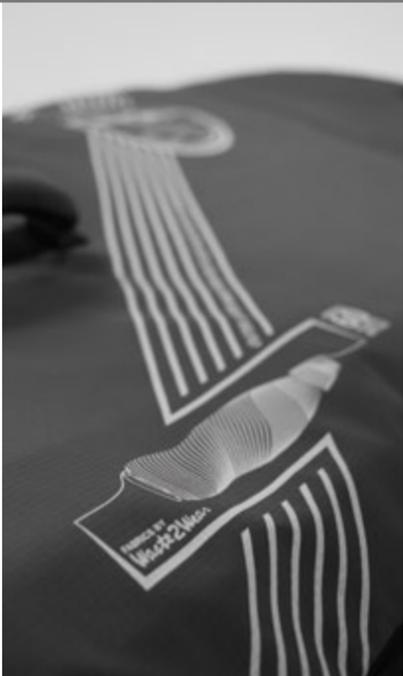
## STARBOARD RECOVER

One of the lightest, toughest and most eco-friendly board bags on the market. Covered in a ultra durable RPET 450D outer fabric made from recycled plastic bottles.

The ReCover is flipped inside out, like t-shirts. The smart construction eliminates the need for heavy reinforcement webbing, making the bags significantly lighter.

ReCover Travel Bags are spacious enough for three boards fitted with footstraps, alternatively numerous rig parts.

[WINDSURF.STAR-BOARD.COM](http://WINDSURF.STAR-BOARD.COM)



## TIKI TORX

One tool for all, our new Tiki Torx aims to make your life easier. You will no longer miss a session or the best wind because you are missing the correct screwdriver. Now all you need is one Tiki Torx to set-up your foil and your board.

[WINDSURF.STAR-BOARD.COM](http://WINDSURF.STAR-BOARD.COM)



## STARBOARD ADJUSTABLE HARNESS LINES

Features a quick release design for attachment on the boom without removing the boom tail. High density Polyurethane Tubes and a bullet proof adjustment system.

[WINDSURF.STAR-BOARD.COM](http://WINDSURF.STAR-BOARD.COM)



## DRAKE FOOTSTRAPS

The new generation Drake footstraps are made with FSC-certified, sustainably sourced and plant-based Yulex foam. With 85% natural rubber content, CO<sup>2</sup> emitted during the manufacturing process is reduced by 80%. The remaining 15% of synthetic neoprene is kept to improve UV resistance.

Carefully sourced with the smoothest fabric for a comfortable feel.

[WINDSURF.STAR-BOARD.COM](http://WINDSURF.STAR-BOARD.COM)





## TIKI CAMPS

At Starboard we are excited to launch a new Series of Learn-Events called **Tiki Camps**.

Our aim at our **Tiki Camps** is to promote the sport we all love by bringing together top athletes to inspire, professional coaches to teach and excellent equipment to help people excel in windsurfing. We always thrive to be, not only the best in the world, but also the best for the world. So like with everything at Starboard our **Tiki Camps** will be 100% carbon neutral. We offset the pollution caused by our Camps by planting Mangrove Tree's in Thor Heyerdahl Climate Park.

For 2021 we are excited to announce 2 Editions:  
 - Youngster Edition with **Lennart Neubauer** and [www.getwindsurfing.com](http://www.getwindsurfing.com)  
 - Girls Edition with **Lena Erdil** and [www.mywindstories.com](http://www.mywindstories.com)  
 For more information and booking: [marketing@rene-egli.com](mailto:marketing@rene-egli.com)



## SUP WINDSURFING SAIL

The Starboard SUP Windsurfing sails are a great addition to any SUP Windsurfing or SUP board fitted with a sail connection.

It is light, powerful and designed specifically for inflatable windsurfing and paddle boards. An excellent choice for entry level windsurfers because of its versatility and durability.

[WINDSURF.STAR-BOARD.COM](http://WINDSURF.STAR-BOARD.COM)



## SURFBENT iQFOIL NOSE PROTECTOR

"Surfbent created an excellent product but was not matching the deck of our iQFoil 85 & 95, so we worked closely with them to ensure our customers get the best nose protector in the market. I do many catapults due to rubbish in the water like plastic bags and until now my iQFoil is still intact. I don't say that is 100% safe but for sure, it is the best device on the market nowadays to protect your board. Here the link to get the best nose protection for your iQFoil : [Surfbent.de](http://Surfbent.de)" - Remi Vila

[SURFBENT.DE](http://SURFBENT.DE)

## THE WATERMAN PACKAGE

The Waterman Package is the grab-n-go package for paddle boarding, windsurfing and SUP Windsurfing. A great choice for sharing windsurfing and paddle boarding with friends and family. They glide with ease, very different from anything we have offered in the past.

Available with a composite board or an inflatable board that rolls up in a bag.

[WINDSURF.STAR-BOARD.COM](http://WINDSURF.STAR-BOARD.COM)



## PROTECT YOUR BOARD

Whether it's hooking in for the first time, bodydragging or attempting forward loops, we know that the nose of your board is often the first place to get damaged. To help you keep your board's nose safe, and push your limits without the limiting thoughts about consequences, we designed Starboard's lightweight easy to stick-on nose protector. Thanks to our universal-fit design, it adapts to fit all boards in our 2021 range.

[WINDSURF.STAR-BOARD.COM](http://WINDSURF.STAR-BOARD.COM)

## STARBOARD CAPS

**Starboard Team Cap** repels water without sacrificing breathability. The Classic Fit features a pre-curved visor & structured front panels that maintain shape with a low profile fit. Durable stretch-woven recycled polyester fabric provides a comfortable fit and feel. A built-in sweatband wicks away sweat to keep you cool & dry with a snapback on back panel for an easy adjustment.

A Starboard staff favourite. The **Sonni Cap** features a contrast of a vibrant digital print and 3D embroidery. The women's trucker cap aligns with the Tikine Wave SUP board. With classic mesh panelling, your head will stay ventilated, making it the perfect cap for this year's adventures.

[APPAREL.STAR-BOARD.COM](http://APPAREL.STAR-BOARD.COM)



## STARBOARD VESTS

The **Starboard Impact Vest** is designed around the wind sports rider. Allowing maximum range of motion in the shoulder and arms. The unique designs are forms fitting to allow the use of any harness. Back pocket can add the water bladder with fix loop at front for paddle utility.

- The foams are resilient, compressible and light weight
- Foam is a fully cross-linked closed cell expanded polyethylene.
- 1mm Neoprene



The **Starboard Life Jacket** is a great option for anyone looking for an economical PFD for water activities. Lightweight foam panels that allow for great flexibility. A 2 Buckle and Zippered closure makes it easy to put on securely. Superior drain ability keeps the vest lightweight and comfortable, even when wet.

- Foam life jacket with Buoyancy : 75N / 100N
- High density polyethylene foam
- 1mm Neoprene



[APPAREL.STAR-BOARD.COM](http://APPAREL.STAR-BOARD.COM)

# IGNITE R.T.F.

(Ready To Foil)

One board, two modes

The Ignite 93 and 103 are also available in RTF (Ready to Foil) versions. The foil box is 3cm further forwards for optimum foiling performance and a specially made freestyle fin with an offset base is supplied. This model does not have a freeride fin supplied or freeride footstrap settings.



**IGNITE**  
• READY TO FOIL

Visit the IGNITE page:

DESIGN BY//  
REMI VILA - SVEIN RASMUSSEN

*Sarah QUITA*  
PRO MODEL

*STEVEN VAN BROECKHOVEN*  
PRO MODEL



# STARBOARD

DISTRIBUTORS MEETING 2020 AT STARBOARD'S HEADQUARTERS  
BANGKOK, THAILAND



AIRUSH

 **STARBOARD**  
INNOVATION QUALITY

Thank you distributors and partners from all over  
the world for being next to us all these years!

Photo: Yo Za



SAM CARENTZ



## WIND & WING

*Hold the wind in your hands with a sail or with a wing, feel the foil below elevate you above the water as you fly across the water silently, powered purely by the wind and waves. 2-in-1, the Foil X Wing series covers wind foil and wing foil all in one board.*